**Squash Development Competition.**

**10th November 2014**

The first development competition was held at James Hornsby High school on Monday 10th November, the first format of development was the game of squash.

3 teams were entered, an A and B team from Greenstead and an A team from Lee Chapel.

The first half of the day was spent developing the players and teaching them specific skills related to the sport. The main focus was on ball control and agility themed games. Each player used a tennis ball to start off developing confidence and basic strokes and movement within the game. Progression was made onto a squash ball so they could feel the difference between the both and the challenges that can come from the full form of the game.

After the development session the competition then commenced and the children had the opportunity to put their skills into practise in a competitive way. Each of the children taking part showed good development and confidence in the games played, applying their knowledge to the game.

The results are as follows: -

1st place and Champions for this year was -Lee Chapel- 15 points

2nd place- Greensted B- 12 points

3rd place- Greensted A- 9 points

A fantastic effort from all teams and the games were played with true sportsmanship.